



Welcome to

**CLIFTON HIGH SCHOOL**

# PASTORAL SUPPORT

- *Tutor*
- *Head of Year*
- *Medical Team*
- *Wellbeing and Mental Health Lead*
- *Counsellor*

# HEALTH AND WELLBEING

- Taught Wednesday Period 1 by Form Tutor(s)
- There are also outside speakers relevant to the topic covered
- Year 7 Themes:
  - Transition and Safety
  - Rights and Responsibilities
  - Introduction to the World of Work
  - Health and Puberty
  - Mental Wellbeing
  - Looking forward



# NEVER SEEN, NEVER HEARD



Clifton  
High School



# WELCOME



Ms Lucy Horton  
Head of Year 7



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High School



# YEAR 7

TRANSITION INFORMATION 2024



## YEAR 7 TRANSITION BOOKLET

- The School Day
- School Uniform
- Rewards and Behaviour
- Co-Curricular



# WHO DO I ASK...?

- Encourage your child to find out the answer
- Email the tutor
- Email the school office
- Email me ([lhorton@cliftonhigh.co.uk](mailto:lhorton@cliftonhigh.co.uk))

# IPADS

- Establish a routine at home to ensure they are charged
- Students use them to mimic writing on paper
- We monitor usage and can see when not on task
- Helps with organisation and revision
- Paper is still used for key skills
- Benefits outweigh the increased screen time
- Log in at home



- 2023-04 (Apr)
- 2023-05 (May)
- 2023-06 (June)
- 2. Notes and Classwork
  - 0. Challenges
  - 1. Working with Numbers
  - 2. Geometry
  - 3. Probability
  - 4. Percentages
  - 5. Sequences
  - 6. Surface Area and Volume
  - 7. Graphs
  - 8. Number
  - 9. Interpreting Graphs
  - 10. Pythagoras' Theorem
  - 11. Algebra**
  - 12. Shape and Ratio
  - 13. Fractions
  - 14. Circles
  - 15. Equations
  - 16. Proportion
  - 17. Comparing Data
- 3. Homework
  - 1. September

[Add Page](#)

- Lesson 1 - Algebra Intro/R...
- Lesson 2 - Simplifying Alg...
- Problem solving
- Lesson 3 - Expanding bra...**
- Expanding brackets - Pr...
- Lesson 4 - Expanding dou...
- Extension

Expand and simplify these expressions:

(a)  $6(4x - 3) + 3(4x - 1) = 24x - 18 + 12x - 3 = 36x - 21$  ✓

(b)  $5(5z + 12) + 3(5z - 2) = 25z + 12 + 15z - 6 = 40z + 6$  ✓

(c)  $y(5y + 6) + y(y - 5) = 5y^2 + 6y + y^2 - 5y = 6y^2 + y$

(d)  $r(5r + p) - 2r(r + p) = 5r^2 + pr - 2r^2 - 2pr = 3r^2 + 3pr - 2pr$

(e)  $2s(2t - p) + 2t(s + p) = 4st - 2ps + 2st + 2pt = 6st - 2ps + 2pt$  ✓

(f)  $4a(3b + p) - 2a(a - p) = 12ab + 4ap - 2a^2 + 2ap = 2ap + 12ab - 2a^2 + 2a^2$  ✓

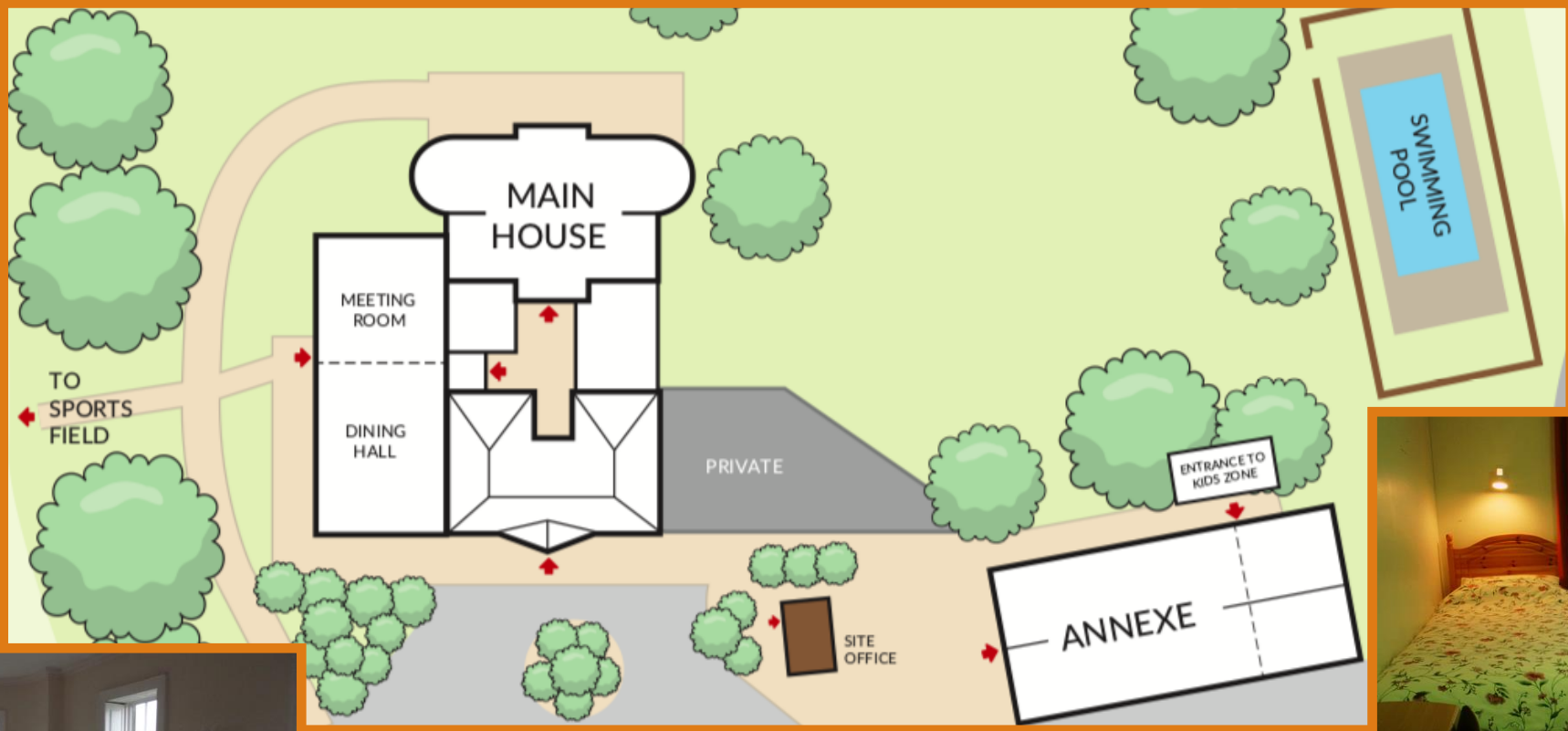
# YEAR 7 BONDING TRIP

Where?	Cobbs Cross Farm
When?	Wednesday 11 <sup>th</sup> – Friday 13 <sup>th</sup> September 2024
Who?	Black Rock Outdoors
What?	<ul style="list-style-type: none"><li>• Low Ropes</li><li>• High Ropes</li><li>• Kayaking</li><li>• Canoeing, Raft Building, Archery, Paddleboarding, Tree Climbing, and Orienteering.</li></ul>





# ACCOMMODATION



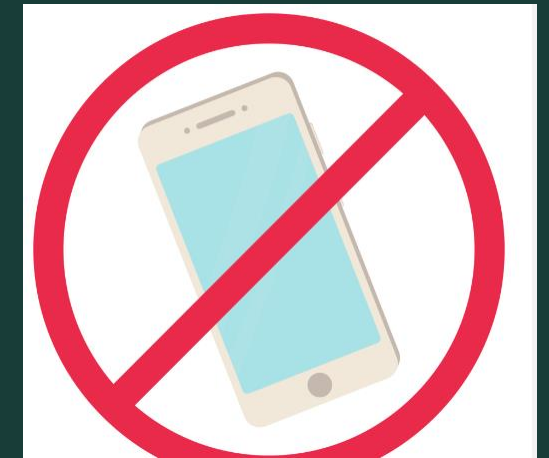
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# KITLIST

Students will have to carry their own bags, so please make sure they are not too big or heavy!

Sleeping bag  
Pillow case  
Pyjamas  
Activity Towel  
Shower Towel  
Wash bag  
Underwear and socks (x6)  
Trousers/joggers/leggings/shorts to get wet (x2)  
Trousers/joggers/leggings/shorts to change into (x2)  
Tee shirts  
Long sleeve top  
Warm jumper/fleece  
Waterproof jacket  
Waterproof trousers (optional)  
Shoes to get wet  
Trainers  
Day bag  
Water bottle  
Lunch box  
Plastic bag for wet clothes  
Sun hat/baseball cap & suncream  
Personal medicines  
Notebook and pen



# Wednesday 11<sup>th</sup> September

Students arrive at normal time.

The coach departs at 9:10 and we arrive at Cobbs Cross 11:00am. Their main bag will be transported straight to Hill House but we will get started with the activities!

In their Day Bag they will need:

- Lunchbox (we provide lunch)
- Warm layer
- Water bottle
- Change of clothes (they will get wet!)
- Change of shoes (they will get wet!)
- Activity towel

# Friday 13<sup>th</sup> September

Pupils to be collected from school at 4pm as usual.

# CODE OF CONDUCT

- Act in accordance with normal school rules (kind & respectful)
- Listen carefully to and follow instructions given by Clifton High Staff and the activity instructors
- Only enter your room, they are for sleeping in not socialising!
- Stay within the boundaries set by staff
- Always wear footwear when moving around the house/grounds
- Look after your own kit (name it if possible)
- Keep sleeping and communal areas tidy
- Follow lights out and silence time at night
- No phones, electronic devices or valuables
- If something is not right, please come and find a teacher
- Have fun and make new friends!

# IMPORTANT INFORMATION

- Trip leader (LHO) and accompanying staff (Year 7 Form Tutors)
- No phones or electronic devices
- No jewellery or expensive clothing items
- Instructors are all qualified and risk assessments have been carried out
- Return medical forms via Operoo by Sunday 8<sup>th</sup> September
- First Aid
- Personal hygiene
- Weather forecast
- School will not contact parents unless there is an emergency
- Contact us non- emergency: 01179 730201
- Contact us in an **emergency**: 07939 642 411

Staff Admin  
Medicine



Self Admin  
Medicine





# **CO-CURRICULAR - BEYOND THE CLASSROOM**

Co-curricular is not just an added extra to the school day, but a vital component of an all-round education.

Co-curricular activities are character-enhancing and provide life-long skills.

# PUPIL ATTITUDES TO CO-CURRICULAR

- *"I get to..." not "I have to..."*
- The Power of Performance, Creativity and Curiosity...
- Encouraging altruistic behaviour;  
    ‘Strong evidence that motivation to help others through work early in life is associated with later life satisfaction  
    (Moynihan *et al*, 2015)
- Successful co-curricular programmes allow the child to look at the broader questions by problem solving, using creativity, overcoming failures, work collaboratively

# SENIOR SCHOOL CO-CURRICULAR PATHWAYS

## Adventure

- Senior School Adventure Programme
- World Challenge
- Welsh Four Peaks

## Duke of Edinburgh

- Bronze
- Silver
- Gold

## Performing Arts

- Senior School Performance
- Choirs
- LAMDA exams
- Orchestras
- Performances
- Peripatetic lessons
- ABRMS exams

## Sport

- Hockey
- Rugby
- Netball
- Football
- Cricket
- Swimming
- Tennis
- Cross Country
- Basketball
- And many more...!

## Clubs and Societies

- History and Politics
- Young Writers
- Food Science
- Employer Talks
- Yoga
- Rockets, Space and Stars
- Young Enterprise
- Volunteering
- And many more...!

# CO-CURRICULAR CHOICES

- Clubs are available to view on SOCS – you should all have access to this now
- Pupils will make their club choices on Thursday morning with the support of their tutors, using the iPads they were given this afternoon
- We encourage pupils to choose a variety of activities beyond the timetabled Power of Performance



# POWER OF PERFORMANCE

Tuesday and Thursday lunchtime

Day	Club	Year Group	Staff	Venue	Time	Notes
Tuesday	Choir	7	D Pieters + M Johnson	Main Hall	13:00 - 13:30	Plus Music Scholars
Thursday	Dance	7	L Hazell + S Chinnock	Gymnasium	13:00 - 13:30	Plus House Prefects
	Junior MUN	7	B Thomas/CQM	Main Hall	13:00 - 13:30	Plus House Prefects
	Drama	7	H Adams	Rose Theatre	13:00 - 13:30	Plus House Prefects
	Oracy	7	P Lyons-White	A15	13:00 - 13:30	Plus House Prefects
	Dates	Pears	Percival	Winkworth	Wollaston	
	1 w/c 9.9.24	Dance	JMUN	Drama	Oracy	
	2 w/c 4.11.24	Oracy	Dance	JMUN	Drama	
	3 w/c 6.1.25	Drama	Oracy	Dance	JMUN	
	4 w/c 24.2.25	JMUN	Drama	Oracy	Dance	

# PERFORMING ARTS

- School Production: *Beauty and the Beast* – Reminder that reply slips are due in on Monday if you are interested and auditions will take place on Thursday 19th September in L11.
- Cantata: open to girls in Years 7-9
- Male Voice Choir: open to all boys in the school
- Orchestra: Any instrumentalists of grade 3 standard and above
- Music Technology and Composition
- Performance Venues:
  - All Saints Church
  - Clifton Cathedral
  - Bristol Cathedral
  - Redgrave Theatre
  - St Georges, Bristol

# SPORT

- Traditional Games – Hockey/Rugby, Netball/Football, Cricket & Tennis
- Expectation that all pupils are available for fixtures on a Saturday
- Training sessions should be attended on a Thursday evening
- Full kit for all Games lessons
  - Hockey stick, shin pads, mouthguard
  - Boots, mouthguard
- Padlock for Sports locker
- Training for all this Saturday
  - Girls' Hockey – 8.30am – 10.00am
  - Boys' Rugby – 9.00am – 10.30am

# FIXTURES

- Autumn - Hockey & Rugby (County Netball)
- Spring - Netball & Football (County Hockey, Girls' Football, Boys' Rugby 7s)
- Summer - Cricket & Tennis (Athletics)
- Fixtures appear on SOCS
- Parents are welcome to watch and support - great social event!
- Unavailability - at least two weeks' notice please
- Contact your coach who will email the team sheet at the start of the week
- A&B teams with training on Saturdays where possible



# SOCS PUPIL / PARENT VIEW

Clifton High School

Menu:

- Select Pupil
- Account
- Logout

Powered by SOCS

Calendar

Activities

Sync

Menu:

- Switch Pupil
- Account
- Logout

Powered by SOCS

Calendar

Activities

Calendar Sync

Calendar

Activities

Calendar Sync

Select Date:

← PREV WK 13 May 2024 NEXT WK →

TODAY THIS WEEK

List Grid

Mon 13 May	Tue 14 May	Wed 15 May	Thu 16 May	Fri 17 May	Sat 18 May	Sun 19 May
	<p>CO-CURRICULAR</p> <p>16:15-18:00</p> <p><b>U14 Boys' Cricket</b></p> <p>Coombe Dingle</p>		<p>CO-CURRICULAR</p> <p>07:45-08:30</p> <p><b>Year 9 Strength and Conditioning</b></p> <p>Health and Wellbeing Suite</p>	<p>CO-CURRICULAR</p> <p>07:45-08:30</p> <p><b>Year 7-13 Running Club</b></p> <p>Clifton</p> <p>CO-CURRICULAR</p> <p>13:35-14:10</p> <p><b>Christian Union</b></p> <p>tbc</p>	<p>SPORTS FIXTURE</p> <p>09:00</p> <p>Cricket</p> <p><b>Boys-U14A vs Internal Match</b></p>	

# YEAR 7 TUTOR TEAM

**7-1**



Miss Megan Jones



Miss Charlotte Anderson

**7-2**



Mr Hugo Cullum



Miss Rizwana Hussain

**7-3**



Mrs Maria Johnson



Mr Matt Izzard-Clark

**7-4**



Mr Andrew Harkin



Mrs Holly Adams